



Health  
andFitness  
Day at  
APG, see  
story on  
page 15.

PRSTD STD  
U.S. POSTAGE  
PAID  
Havre de Grace, Md.  
21078  
Permit No. 24

www.apgnews.apg.army.mil

Published in the interest of the people of Aberdeen Proving Ground

Vol. 44, No. 20 • May 24 2001

## Post Shorts

### Recycling schedule

The recycling pickup for Wednesday, May 30, is paper. Put items in paper bags, boxes or bundles and place them on the curb.



### Army birthday dinner, dance at APG

The Army's 226th birthday will be celebrated at Top of the Bay June 15, 6 p.m. to 1 a.m. The 389th Army Band (AMC's Own) will provide entertainment. Cost of a ticket is \$25 for a chicken/roast beef menu or \$24 for a vegetarian meal. Contact unit first sergeants for tickets or Headquarters Support Troop, 410-278-3000. Tickets should be purchased no later than June 6.

### Holiday hours:

#### APG Commissary

The APG Commissary, which is closed each Monday, will be closed on Tuesday, May 29, as part of the Memorial Day observance. The store will resume regular hours on Wednesday, May 30.

#### KUSAHC

Kirk U.S. Army Health Clinic will observe a training holiday on Friday, May 25, and the federal holiday on Monday, May 28. The Urgent Care Clinic will be open 9 a.m. to 5 p.m. on May 25 and 26, and operate 10 a.m. to 2 p.m. on Sunday and Monday, May 27 and 28, during the Memorial Day weekend.

#### Re-Nu-It Center

The Re-Nu-It Center, building 5413, will be closed May 26 to 28. The center will reopen May 29. For more information, contact John Settles, 410-278-8814.

### August Dog Days concert

LeAnn Rimes cancelled all of her concert appearances for the summer. John Michael Montgomery, Diamond Rio and Tim Rushlow will headline the Aug. 18 concert.

Tickets will go on sale following next month's Classic Rock Concert on June 16. STYX, KANSAS and Survivor headline that event, and tickets are on sale at Ticketmaster and MWR facilities on post.

Both of these events are major fund raisers for the Aberdeen Proving Ground Morale, Welfare and Recreation program with funds and going back into soldier programs for APG.

See SHORTS, page 2

## ISSUE HIGHLIGHTS

### Page 3

DTC wins awards

### Page 4

Ticks and Lyme Disease

### Page 5

TAG visits ChalleNGe cadets

### Page 6

Mosquitoes and the West Nile Virus

### Page 7

TSP update

### Page 15

Volleyball championship

### Page 16

Brownies beautify APG

# Speeding on post — slow down or risk paying up

By Sheila Little  
APG News

Speed kills. We've all heard the statement, and although Aberdeen Proving Ground has been fortunate not having loss of life attributed to fast moving vehicles, speed is definitely a problem on APG.

Col. Robert J. Spidel, APG Garrison commander and deputy installation commander said speeding has increased throughout the installation, causing serious concern for the safety of those living on post.

Young children, who often forget to look both ways before crossing the street, are particularly vulnerable, as are soldiers marching on the road or those using APG roads to run in formation during physical training.

Motorists are reminded that many residents of APG are parents to young children, and drivers should keep in mind that young children can dart out into the street without warning. Driving at or under the posted speed is deemed the best way to avoid accidents.



Motorists are also reminded of the rules regarding those participating in physical training as a unit, or marching in formation.

"Troop formations can't be passed when approached from the rear, and only passed very slowly (not exceeding 10 miles per hour) when approaching them," Spidel said.

He said APG motorists should expect to see an increase in the amount of installation police conducting speed checks as long as the problem persists.

Joseph Darabasz, chief of the Police Services Division, said that as summer weather arrives, more vehicles are on the road and there is a tendency for more violations. In addition, he said newcomers and visitors are not as familiar with installation speeds and vehicle regulations regarding passing troops in formation.

"Most of the speed violations in the housing areas are committed by housing occupants," Darabasz said.

He added that although many residents want speeders caught by police, "we definitely make our presence known in the housing

See SPEEDING, page 10



Investigator Andreas Sexton stops a motorist on the way into Patriot Village, an Aberdeen Area housing development. Despite posted speed limits and an abundance of playing children, motorists continue to press down on the accelerator when driving through installation housing areas. Employees and residents are being warned to observe the speed limit, or risk being stopped by APG police.

Photo by SHEILA LITTLE

## Fitness options weighed during APG Health and Fitness Day

By Yvonne Johnson  
APG News

Visitors who ventured to the Aberdeen and Edgewood Area Fitness Centers for Health and Fitness Day activities on May 16 were treated to an array of exercise and relaxation options courtesy of the center's staff and guest health professionals.

The annual observance promotes healthy lifestyle initiatives for Aberdeen Proving Ground employees, family members and retirees.

"It's a way of getting the word out that there are facilities and trainers available to those who are ready to make the commitment to a healthier lifestyle," said Gwyn Dolzine, manager of the AA and EA centers.

Adding that the day focused on diet, exercise, relaxation and health screenings, she said that, "gaining a healthy lifestyle can be enjoyable and fun, not the tedious ritual many may imagine."

At the EA center, arriving guests were treated to a display of tempting snacks provided by Andrea Kestner, a Pampered Chef representative from Abingdon. Kestner prepared three dishes, a cool veggie pizza, lemon poppyseed muffins and cucumber chips on lite bread, all with non-fat ingredients, for participants to munch on.

"Healthy eating can be delicious as well as nutri-

tious," Kestner said.

Paramedics Mark Williams and Scott Kaufmann from the EA Fire Department were on loan to conduct blood pressure screenings. Using a digital monitor, both advised those with borderline readings on methods to lower their blood pressure.

"Most had readings well within normal limits," Williams said. "We stress that they should seek their doctor's advice before taking on any new activities," added Kaufmann.

"This is a good place to get information and get your health back on track," said Debbie Dubois, a U.S. Army Soldier and Biological Chemical Command business analyst, after her blood pressure check.

Kim Michaels, an environmental protection specialist with the U.S. Army Environmental Center, said she also appreciated the information on hand.

"I'm glad I came today and I appreciate the counseling," Michaels said.

A former member of the EA center, Michaels added, "I plan to join up again soon."

While many don't think of therapeutic massage when they consider fitness options, four massage therapists were on hand to demonstrate its relevance. Certified therapists Teresa Crawley, September

See FITNESS, page 15



Photo courtesy of KANSAS

## KANSAS bringing storied history to APG

By Yvonne Johnson  
APG News

Local radio stations are calling it the "Uncle Sam Jam." Whatever they call it, fans are sure to have a memorable time at Aberdeen Proving Ground's Classic Rock Concert on June 16 featuring STYX, KANSAS and Survivor.

Tickets are on sale at the Information, Ticketing and Registration Office and Morale Welfare and Recreation offices on post or through Ticketmaster.

Of the three bands performing, KANSAS may draw the greatest number of fans due to its long history, touching three generations.

Though it formed more than 30 years ago, the group still performs today, drawing hundreds of fans to summer festivals across America.

The band formed in Topeka, Kan. in 1970, quickly rising to prominence with a prosaic blend of "vaguely arty, highly accessible light rock."

With the release of the 1976 hit album "Leftoverture," and the Top 10 single, "Carry on Wayward Son," Kansas began filling huge stadiums. The next year, the band produced another major hit, "Dust in the Wind," from the album "Point of Know Return."

Musical practitioners and historians refer to Kansas as more than just "a band".

"Kansas is style, dedication, harmony, versatility and creativity," read one 1978 review.

In 1981, vocalist Steve Walsh

quit the group to begin an unsuccessful solo career. He was replaced by John Elefante. Without Walsh the band collapsed and officially broke up in 1982.

Guitarist/keyboardist Kerry Livgren and bassist Dave Hope went on to form the Christian rock group AD, but Walsh and the remaining members reformed the group in 1986 with new members.

Today, the members who make up KANSAS are Phil Ehart (drums), Billy Greer (bass guitar, vocals), Robby Steinhardt, (violin, vocals), Steve Walsh (lead vocals, keyboards) and Richard Williams, (lead and acoustic guitar).

Over the years, the group has garnered eight gold albums, two multi-platinum albums, one platinum live album, and a million-selling gold single. KANSAS is recognized as the creator of the progressive rock sound. Drummer Phil Ehart summed all it up as the band's "sense of adventure."

"There have been transitions within the group which allow the lyrics to flow, the music to flourish and ideas to mark its course," Ehart said. "These transitions have kept KANSAS apart from other bands and makes one realize the best is yet to come."

KANSAS is yet to come to Aberdeen Proving Ground on June 16th along with STYX and Survivor, part of APG's Classic Rock Concert.

Call 410-278-4011/4621 for more information.



### A coin for your steps

Photo by YVONNE JOHNSON

Maj. Gen. James F. Fretterd, Adjutant General of Maryland, right, presents a commander's coin to Michael Tucker, 17, following a demonstration by Tucker and the Military Youth Corps Drill Team during the Freestate ChalleNGe Academy Adjutant General Day observance. See story on page 5.



# DTC physical scientist earns award, saves millions

By Mike Cast  
DTC

The Defense Department program that develops, manages and promotes standardization throughout the military recently awarded a U.S. Army Developmental Test Command employee for his work in standardizing environmental-safety test procedures for rockets, missiles and ammunition.

Herb Egbert, a physical scientist in DTC's Directorate for Test and Technology received recognition in April as an Army winner of the Honorary Defense Standardization Program Achievement Award for 2000.

He was also chosen from among seven winning organizations to receive the Distinguished Accomplishment Award for 2000 for work that is expected to save the Defense Department millions of dollars. Only one such award is presented yearly and carries a \$5,000 prize for the winner.

"Picking one of these winners as more deserving than the others was daunting," wrote Gregory Saunders, director of the Defense Standardization Program Office, in the Defense Standardization Program Journal Update, a periodical published by that program. "After careful examination, we selected Herb Egbert, from the Army Developmental Test



Photo by LISA CONNELLY  
*Herb Egbert, Directorate for Test and Technology, U.S. Army Developmental Test Command, earned an award and \$5,000 for standardizing tests of NATO munitions.*

Command, as the winner for his work in NATO that dramatically improved and standardized munitions safety testing."

The DSP provides access to standardization processes, products and services for everyone from servicemembers in the field to managers of acquisition programs, with the aim of promoting interoperability and reducing costs throughout the life of systems.

Based on test costs, the efforts of Egbert and a NATO subgroup are expected to result in a \$147.3 million savings in test costs for the Patriot Advanced Capability-3 missile program. The anticipated savings in test costs for the Theater High Altitude Area Defense missile program is approximately \$271.8 million.

The NATO subgroup developed five safety test methods that standardize environmental-safety tests for munitions and explosives throughout the U.S. military and among nations allied with the United States.

Egbert, who was also recognized for his publications on environmental testing and tests related to munitions, said he worked in collaboration with the NATO Group on Safety and Suitability for Service of Munitions and Explosives.

One NATO group focused on testing to ensure the safe transportation of hazardous munitions, he explained, while another group focused on test procedures for "insensitive" munitions, those that Egbert described as having "a minimized response to unplanned stimuli, thus improving the survivability of personnel and equipment."

He said the standardization efforts, which began about two and a half years ago, should result

in substantial savings by standardizing the types of tests done for the two categories of munitions and eliminating duplicative or nonessential testing.

"To perform all of the required tests for both (categories of munitions) would take about 30 separate tests," he said. "We brought the technical experts together and got them to go through test procedures line by line, letting us know what procedures they could accept - working toward the essentials.

"An example of potential savings would be the PAC-3 missile that costs about \$2 million per copy to test, and with standardized testing we get the tests down to three test items, which is a considerable savings," Egbert added. "Each THAAD that must undergo these tests costs about \$8 million per copy, so we're saving significantly by reducing the number of tests for that program."

Environmental safety testing on munitions, ammunition and rockets involves procedures such as subjecting them to fuel fire, bullet and fragment impacts, and slow heating, as well as testing to determine if they would be prone to "sympathetic reaction" if munitions stored nearby detonate or burn. Dropping items onto a metal plate from a minimum height of 40 feet is another method used in safety testing.

# Maryland recognizes DTC program

By Mike Cast  
DTC

The Maryland governor's office presented an award, April 19 to the U.S. Army Developmental Test Command in recognition of the command's employment opportunities for people with disabilities.

The Governor's Committee on Employment of People with Disabilities presented DTC with its 2001 Chester A. Troy, Sr., Employer of the Year Award at a ceremony in Baltimore. Chester Troy was the first committee chairperson, and had been employed at the Maryland Department of Vocational Rehabilitation.

In October 2000, Harford County presented DTC with a public-sector Employer of the Year Award, based in large part on cooperative efforts between DTC and The Arc Northern Chesapeake Region to provide employment opportunities. The Arc is a not-for-profit organization founded in 1953 by a group of parents of children with disabilities. It now provides a variety of support services for adults as well, and works to expand employment opportunities in the private and public sector.

Employees with disabilities provide mail services at DTC headquarters, aided when necessary by coaches assigned by The Arc. As a result of this program and various DTC efforts to support and increase the productivity of other DTC employees with disabilities, the county nominated DTC for the state award.

"The Harford County Committee on Employment of People with Disabilities was proud to nominate the Developmental Test Command as the State of Maryland Public Employer of the Year," said Jackie Angerhofer, the Harford County committee chair. "We felt that it was important to recognize the extra efforts DTC has made to accommodate individuals with disabilities on the job."

Maryland's award citation noted that DTC was closely involved in the goals and objectives of the state's Disability Awareness Program and that the command strives to ensure that people with disabilities are a productive and viable part of its workforce.

DTC has worked with the Harford County school system to place students with disabilities into DTC positions through a work-experience program, and Judy Matthews, DTC's coordinator for its disabilities employment program, also serves as the chairperson for the Aberdeen Proving Ground Committee for the Disabled. The APG committee,

comprised of representatives of the activities on post, focuses on increasing understanding of disability issues within the APG community, primarily in education and training, accessibility and architectural barriers, community awareness and publicity.

Matthews said DTC's senior management is totally committed to a workplace that provides opportunities for people with disabilities, and to the success of the state's Disability Awareness Program.

"All DTC personnel involved in our disability program are extremely proud to receive this recognition from the governor's committee," Matthews said. "Working together as a team in promoting employment opportunities for individuals with disabilities is the key to our continued success, and I strongly encourage other organizations to pursue similar employment initiatives. Some innovative thinking and a little creativity will result in a win-win situation for employers and employees with disabilities."



Photos by MIKE CAST  
*Judy Matthews, left, U.S. Army Developmental Test Command's coordinator for the Program to Employ People with Disabilities, talks to Scott Baird, a DTC mailroom employee.*

2 x2MDDC bo

2 x2.5 Ab sh

2 x3 BH sal

2 x3 Joy cln

2 x3.5 an prf

5 x7 ATT

2 x2mddc bo

2 x6stryr u

2 x13 sub now

# T I C K S - Advice for a safe, healthy summer

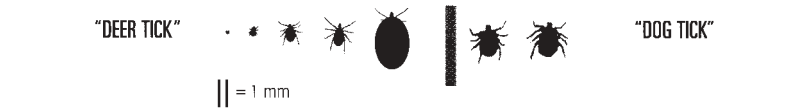
**By George Tarbert**  
*ARL*

A bite from a tick can be very serious if the tick is infected with - Lyme Disease. This is acquired from the bite of a tick infected with the Lyme disease bacterium. This usually occurs from spring through early fall.

### Deer tick

The tick that most commonly transmits this disease, the deer tick, acquires the bacteria when it feeds on infected wild animals, such as field mice or other mammals. It can then transmit the bacteria when feeding on a human.

The deer tick is small - about the size of a pin head. Because it is so small, it is unnoticed while attached to the body and you may not realize you have been bitten.



*Actual size (left to right) of larva, nymph, adult male, adult female, Ixodes ("Deer Ticks") and adult male and female Dermacentor (Dog Ticks).*

### Preventing tickborne disease

The best way to protect against tickborne diseases is to avoid tick bites. Follow these precautions if you live in or visit wooded or grassy areas:

- Wear light-colored, protective clothing - long-sleeved shirts, long trousers, boots or sturdy shoes and a head covering.
- Apply insect repellent containing DEET to clothes and to exposed skin (except the face). Be sure to wash treated skin after coming indoors. Use repellents containing permethrin to treat clothes (especially pants, socks and shoes) - but not skin. Both repel or kill ticks on contact. Always follow label directions; do not misuse or overuse repellents. Always supervise children in the use of repellents.
- Check yourself, children and other family members every two to three hours for ticks. Most ticks seldom attach quickly and rarely transmit disease until they have been attached for four to six hours.

### KUSAHC will analyze ticks

It is impossible to tell if a tick is infected by looking at it. Only analysis in a laboratory can determine infection status.

Kirk U.S. Army Health Clinic will analyze ticks brought to them by anyone working on Aberdeen Proving Ground. A determination can be made if the captured tick carries the Lyme Disease and whether preventive treatment should be started.



Photo by M. FERGIONE  
*Deer tick on a blade of grass.*

### Tick removal

- Remove any tick promptly. Do not use bare hands. The mouth parts of a tick are shaped like tiny barbs and may remain embedded and lead to infection at the bite site if not removed properly. Most ticks secrete a cement-like substance during feeding. This material helps secure their mouth parts firmly in the flesh, adding to the difficulty of removal.
- The best way to remove a tick is to grasp the tick's mouth parts against the skin with tweezers as close to the skin as possible and gently, but firmly, pull it in the reverse direction in which the mouth parts are inserted, as you would for a splinter.
- Do not twist or jerk the tick. Do not squeeze or crush the body of the tick because this may force infective body fluids through the mouth parts and into the wound site.
- If tweezers are not available, grasp the tick with a piece of tissue or cloth or whatever can be used as a barrier between your fin-

gers and the tick. If the mouth parts do break off, consult a physician about removing them.

- Wash the bite area and your hands thoroughly with soap and water, and apply an antiseptic to the bite site.
- Identification of

the tick will help the physician's diagnosis and treatment, since many tick-borne diseases are transmitted only by certain species. Save the tick in a jar, vial, small plastic bag or other container for identification should you later develop disease-like symptoms. Alcohol may be added to preserve ticks in a jar, or keep it in the freezer. Discard after a month, since all known tick-borne diseases will generally display symptoms within this time period.

- To dispose of ticks, flush them down a toilet, toss them into a nearby stream or burn them in a campfire. Do not try to squash a tick. Squeezing it may release germs from the tick.
- If you cannot remove the tick, go to KUSAHC.

### Lyme disease symptoms

Early symptoms of Lyme disease resemble a flu-like illness. A red rash may appear at the site of the bite anywhere from a few days to a month after being bitten. The rash often expands to a larger size. It is usually circular but can vary in shape, depending on its location. The center of the rash may clear as it enlarges, resulting in a ring-like appearance. The rash may be accompanied by symptoms such as fatigue, neck stiffness, chills and fever, headache, muscle and joint pain and swollen glands. In early stages, Lyme disease is effectively treated with antibiotics.

If not treated, symptoms may disappear or recur intermittently for several weeks, months or even years. Other complications - such as an irregular heartbeat or heart blockage, or problems with the nervous system, including intermittent headaches, difficulty concentrating or sleeping, irritability, stiff neck, poor motor coordination, meningitis or encephalitis - also may occur after several weeks or months. Some patients also may develop muscle weakness of the limbs or face - a drooping eyelid or corner of the mouth (known as Bell's palsy). Joint pain and swelling (Lyme arthritis) in one or several large joints, especially the knees, may develop in late-stage Lyme disease.

If any of these symptoms occur, contact a physician immediately. Be cautious. Don't get tick sick.

Generally, antibiotic treatment for both early and late-stage Lyme disease is successful.

*(U.S. Army Center for Health Promotion and Preventive Medicine contributed to this article.)*

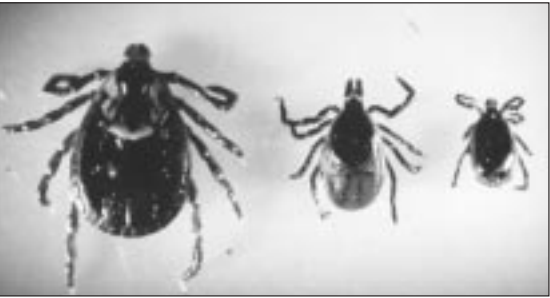


Photo courtesy of CHPPM  
*Left, adult female American dog tick, center, female deer tick, and far right, male deer tick. Enlarged to 94 percent.*

2 x2mddc auct

2 x6 early ded

# Adjutant general visits military youth corps

By Yvonne Johnson  
APG News

The Maryland Freestate ChalleNGe Academy military youth corps celebrated AG day with a visit from Maj. Gen. James F. Fretterd, the adjutant general of Maryland.

### Job shadowing

Led by the academy’s director, Chaplain (Maj.) Ron Martin-Minnich, cadre staff and faculty, Fretterd toured work sites used in the academy’s job shadowing program, an initiative near and dear to his heart.

“With job shadowing, youngsters are exposed to career fields and skills that they can put to use in the civilian world or in the military,” Fretterd said during a noon-time meal in the academy banquet hall.

“Under current initiatives they can use these types of skills to move on to obtain their education without cost at Harford Community College using tuition waivers, the Montgomery GI Bill and other plans,” he added.

“Many of our graduates move on to community colleges throughout Maryland.”

Job shadowing allows youths the opportunity to learn new skills on actual job sites under the guidance of skilled workers and academy cadre.

Youth Corps members currently visit sites at the Warfield Air National Guard Station in Middle River and at Weide Airfield in the Edgewood Area where they receive hands-on training on aircraft mechanics and equipment, tool and dye making, signal communications and other skills.

Fretterd said he would like to see the program expanded to include the Fort Detrick area in

Western Maryland. It currently includes northern and central Maryland, including Prince George’s County and Washington.

“We also want to expand beyond shadowing to include trade unions and contractors,” he added.

“Without job skills these youngsters will be back on the streets.”

A similar program called “About Face,” in the Reistertown area, is aimed at seventh graders. It focuses on anger management for youths in “dysfunctional families,” Fretterd said.

“We try to include single parents in the process to educate them along with their children,” Fretterd said.

After the meal, Fretterd chatted with the youth corps members, answering questions and counseling them on life’s challenges.

He talked about battling peer pressure and temptations that will “lead you astray.”

“I started at the very bottom,” Fretterd said, adding that he grew up during the Great Depression and had to do his homework by kerosene lantern.

“Each job is a challenge. I failed many times,” he said.

Beaten out for the job of Maryland Adjutant General twice, he said that now, after 50 years in uniform, he is the second longest serving adjutant general in the state since 1794.

“I could have retired years ago, but I stay on as long as I feel I can do some good,” Fretterd said.

Calling the ChalleNGe program the “premier of our youth programs” Fretterd said, “Who better than our military to teach responsibility and citizenship to our youths.”

### Drill team

After the meal, Fretterd and his entourage were treated to a performance by the youth corps drill team. Led by Michael Tucker, a 17-year old from Prince George’s County, the team executed crisp marching maneuvers up and down the academy’s main street.

The team recently returned from a national competition in South Carolina, finishing third out of ten teams.

“Competition was intense,” Tucker said, “but we looked sharp and performed well.”

He added that he hopes to enter the U.S. Marine Corps after graduation.

Kendra Tilghman, an 18-year old from Baltimore, said she enjoyed the experience of tense competition.

“It was a good learning experience that will help me in the future,” Tilghman said, adding that she is working toward a career in the U.S. Air Force as a computer programmer.

With the current cycle nearing its end, Michael Parnell, 19, said the academy has helped him mature more quickly.

“Making friends was the best part. They helped me get through the rough parts,” said the Washington native.

Cadre members Ebony Hudley and Rodney Neal were credited with preparing the youths for competition.

“We had four weeks to prepare them,” Hudley said. “Training was the toughest part for those who had no prior experience.”

Though some had been exposed to drill in high school Junior ROTC programs, Neal said all needed lessons in teamwork and coordination.

2 x4 Jry toy

3 x4 Grnf eye

3 x6 sm conc

5 x7 ATT



Photo by YVONNE JOHNSON  
The Military Youth Corps Freestate ChalleNGe drill team executes a laid-back salute for the crowd during the Aberdeen Proving Ground/Harford County Armed Forces Day parade on May 19. This same move was used in the recent competition in South Carolina where the team placed third.

## New rations coming

Courtesy of MilitaryReport.com

The Combat Feeding Program has developed several new rations for all servicemembers. The American Forces Press Service reports that one new meal is the first-strike ration, which will allow servicemembers to eat on the move.

“Warfighters won’t have to stop to use even a spoon,” says Gerald Darsch, joint program director of the CFP.

The ration prototype consists of shelf-stable pocket sandwiches, and pouches of carbohydrate-enhanced “Zapplesauce” product and Ergo high-energy drink powder. A fitting on the Ergo pouch would connect to a troop’s ‘camelback’ water carrier. Soldiers would fill the bag with water, shake it and then drink from a nozzle.

New items are also being added to the MRE ration line. Servicemembers will soon begin seeing seafood jambalaya, beef enchiladas and mashed potatoes.

Cooks will also benefit. Recently introduced unitized group rations will allow the services to feed troops A-ration quality food anywhere.

For more information on the CFP, visit <http://www.sbccom.army.mil/programs/food>.

# Integrated pest management at APG



Photo By ABDUL SHEIKH  
*Garrison Directorate of Public Works personnel perform fogging operations for mosquitoes on Aberdeen Proving Ground.*

## Mosquito ‘swat team’ focuses on breeding sites

**By Sheila Little**  
*APG News*

With the advent of warmer weather, and the kick-off to a summer of outdoor activities, Aberdeen Proving Ground residents are being educated in ways to join the fight against mosquitoes, and avoid falling victim to their bite.

Living near the water, APG residents are forced to share their living area with an ideal breeding ground for a host of mosquito species. A program named Integrated Pest Management is being used at APG to attack the

breeding ground of mosquitoes, destroy the larvae, and deplete the population of the pest that carries everything from minor annoyance to potentially serious illness in their wake.

Abdul Sheikh, Directorate of Public Works entomologist, said destroying the larvae and breeding grounds for mosquitoes is now considered the best way to get rid of the pests and limit damage to the environment. This is in contrast to the past, in which massive, indiscriminate use of pesticides in the United States and throughout the world has been linked to resis-

tant breeds and a poisoned environment.

With the outbreak of the West Nile Encephalitis Virus in the United States last year, added emphasis on eliminating the mosquitoes which transmit the virus, in addition to other diseases, is underway.

Dead birds found on the installation with no sign of traumatic injury, should be treated as possible victims of the virus.

“Please don’t touch the birds, but report the building number location to pest control,” Sheikh said. The number for pest control

is 410-278-3303 for both the Aberdeen and Edgewood areas.

The birds are tested for West Nile Virus at the Center for Disease Control in Atlanta. No instances of West Nile Virus have been reported at APG or in Harford County since testing began last summer.

Sheikh said that the installation, much of which is surrounded by water, is a great breeding ground, especially for some insects.

“We see a lot of places with standing water on APG, even more after it rains,” Sheikh said. “These areas of standing water are perfect for breeding mosquitoes.”

Residents can help discourage mosquitoes by removing cans, tires or flower pots that can collect and harbor standing water, Sheikh said. Seeing to it that members of the family wear long sleeved shirts, long pants, and a good repellent, are other ways to avoid bites from mosquitoes.

He said APG’s integrated pest management program includes targeting areas with standing water, such as marshes and depressions, and applying a larvicide. A permit to apply the larvicide, a requirement of the clean water act, is in the works. Mosquito Dunks, a biological pesticide which is non-toxic to humans and pets, is planned for use in housing areas, and field training exercise and recovery areas. Fogging, or spraying the air with a chemical toxic to mosquitoes, will be used in the housing areas if the mosquito density requires it, and only as a last resort.

Fogging in the housing areas will be announced ahead of time, and will not be performed in times of rain or high winds.

Residents are responsible for seeing to it that their family members treat the spraying of pesticide seriously.

“All adults, children and pets should remain indoors when the fog generator passes through their area,” Sheikh said. “Under no circumstances should the truck be followed.” He urged that parents discuss the danger of too much exposure to pesticides.

Sheikh said APG’s goal in implementing the integrated pest management program is the safety of all residents and workers on the installation and the protection of the environment.

### Frequently Asked Questions

#### What is West Nile Encephalitis?

Encephalitis is an inflammation of the brain, and can be caused by viral or bacterial infections, including viruses transmitted by mosquitoes. West Nile Encephalitis is caused by the West Nile Virus.

#### How do people get West Nile Encephalitis?

A bite from a mosquito infected with the West Nile Virus can transmit the infection.

#### Can you get the virus directly from birds?

There is no evidence that the virus is spread from direct contact with dead or living infected birds, but avoiding handling the birds, or wearing gloves and double-bagging dead birds is strongly recommended.

#### Can you get West Nile Virus from other insects or ticks?

Infected ticks have been found, but their role in transmission is uncertain.

#### What are the symptoms of West Nile Encephalitis?

Mild symptoms, including fever, headache, bodyaches, swollen lymph glands and rashes are common. More severe, and rarer symptoms include high fever, neck stiffness, stupor, disorientation, coma, tremors, convulsions, paralysis, and in very rare cases, death.

#### What is the general time frame from infection to symptoms?

The usual incubation period is 5 to 15 days.

#### What can I do to reduce the risk of becoming infected with the West Nile Virus?

Stay indoors at dawn and dusk. Wear a long sleeved shirt and long pants when outdoors in the evening. Use a mosquito repellent when outdoors, and spray clothes with repellents containing permethrin or DEET.

For more information, call APG Entomologist Abdul Sheikh, 410-278-3303.



### The dark side of sunlight

**By Stephen P. Wengraitis**  
*CHPPM*

Every spring many individuals will receive painful sunburns that could be avoided. Sunburn can lead to lost-time injury and delayed health problems like skin cancer.

Many forget (or are simply unaware) that one American dies of skin cancer every hour.

New research suggests that adverse effects on the immune system are possible from the ultraviolet radiation in sunlight. In recent studies in Holland, ultraviolet radiation exposure showed some suppression in the development of immunity after Hepatitis B vaccination. Further research is underway to study the adverse impact of solar exposure on individuals following vaccinations.

The risk for developing skin cancer and other problems could be greatly reduced by protecting the skin from excessive exposure to the ultraviolet rays in sunlight.

Proper clothing and less time spent outside during the most severe hours of exposure at mid-day can greatly reduce the risk. Army clothing is designed to optimize protection of exposed skin areas.

The Laser/Optical Radiation Program at the U.S. Army Center for Health Promotion and Preventive Medicine has produced several informative documents to warn individuals on the risk of excessive exposure to sunlight. These include:

The Sun Protection Poster.pdf is a full-color poster, “Sun Protection – Questions and Facts for Soldiers,” which may be printed on 8.5 inch by 11 inch paper, or inserted in documents and sized as needed. Specialized printers can print larger sizes. 24 inch by 30 inch copies of the poster are available upon request.

UV Business Card.doc is a two-sided quick-reference card suitable for reproducing on Avery 5371 business card stock.

UVR Protection Guidance.pps is a full-color PowerPoint presentation that allows the user to browse information on UVR hazards and protection. It includes a macro that the user may select to print the presentation; however, this macro must be enabled when the presentation is opened.

Call CHPPM at 410-436-5051 for more information on above items.

3 x10.5Fr fed

3 x8Plz frd

# SBCCOM scientist selected to participate in international exchange program

By Jim Allingham  
ECBC

Dr. Peter Emanuel of the U.S. Army’s Edgewood Chemical Biological Center has been selected by Dr. Delores Etter, Deputy Under Secretary of Defense for Science and Technology, to represent the United States in the 2001 U.S./U.K. Young Scientists Laboratory Visit Program. He was one of only two Army scientists selected to participate in the program.

Emanuel is currently the scientific advisor to the Director of Chemical and Biological Services at ECBC. He is involved in providing solutions and applied research in chemical and

biological defense.

The exchange program allows young scientists working for their respective defense agencies to jointly visit select laboratories in each of the nations. The program is designed to be an educational opportunity for leading scientists and to foster increased cooperative activities between the United States and the United Kingdom.

Emanuel will be traveling with the U.K. scientists as they tour laboratories in Maryland, Virginia, Florida, Texas, New Mexico, California and Colorado. The scientists will be touring ECBC and the Army Research Laboratory at Aberdeen Proving Ground

through May 25. United States scientists will visit the United Kingdom in 2002.

ECBC is the Army’s principal research and development center for chemical and biological defense technology, engineering and services, and is under the auspices of the U.S. Army’s Soldier and Biological Chemical Command.

For more information about the U.S./U.K. laboratory visit program or ECBC services, visit <http://www.sbccom.apgea.army.mil> or contact the Public Affairs Office, at (410) 436-4347.

2 x4 Brth bev

## College-level program develops future leaders

By Marcia L. Klein  
Army Management Staff College

The June 5 deadline is fast approaching for the fall Sustaining Base and Leadership Management program, a college-level resident course of instruction designed to create the future leaders of the Army’s sustaining base.

Graduates can also help supervisors address what the Office of Personnel Management recently found to be a “serious problem that has the potential to worsen” in the area of first-level supervisor development.

The Office of Personnel Management study, “Supervisors in the Federal Government: A Wake-up Call,” released in April, found that most federal agencies “do not identify employees with supervisory potential and develop them for future leadership positions.” OPM called on federal agencies to make “the selection and development of first-level supervisors a top human resource management priority.”

Supervisors in sustaining base agencies and programs can address that priority by encouraging up-and-coming employees to apply for the SBLM program beginning Sept. 17 at the Army Management Staff College, Fort Belvoir, Va. The course, open to all services, is specifically designed to educate the civilian and military personnel who will become the future leaders of the sustaining base.

“SBLM graduates become the leaders who not only can, but do solve problems. ...They use those professional skills to improve their organizations, and pass on what they’ve learned to others so they may benefit, too,” said Col. Philip L. Wilkerson Jr., AMSC commandant. “In today’s “war for talent” supervisors can’t afford not to send personnel for

advanced education. If we don’t give our employees the opportunity to grow, they will go someplace where they do get that opportunity.”

The Army’s sustaining base is made up of those agencies and programs which train the soldier, prepare the soldier for operations, get the soldier to the operation, sustain the soldier during the operation and return that soldier home. The sustaining base also includes the programs aimed at the well being of soldiers and their families, to provide them a quality of life equal to or better than that which the soldier is pledged to defend.

Research on SBLM graduates has shown that they have been promoted more than twice as often as non-SBLM graduates. Supervisors of SBLM graduates report that their employees return to their jobs with the ability to handle increased responsibility, with the potential to move into senior leadership positions and with increased value to the organization.

Civilians in general service grades 12 to 14 (GS-11s and 15s by exception) may apply on-line. Majors and lieutenant colonels can request attendance through branch managers.

On-line applications must be approved by supervisors and reach headquarters, Department of the Army, by June 5.

The deadline for the SBLM non-resident program is also June 5 and begins with a one-week session at Fort Belvoir Aug. 21.

For more information on the program or to begin the application process, visit [www.amsc.belvoir.army.mil](http://www.amsc.belvoir.army.mil).

*(Editor’s note: The full OPM study can be found at [www.opm.gov/studies](http://www.opm.gov/studies).)*

3 x10 fmr bnk

## DoD launches new deployment Web site

Servicemembers and reserve units assigned to countries about which they have little or no information can now learn more about potential health risks at those duty stations thanks to a new Pentagon Internet Web site launched in April.

Stars and Stripes reports that the new DeploymentLINK Web site will provide deployed troops with detailed, nontraditional health-risk information.

Web site users will be encouraged to interact with the staff of the office of the Deputy Special Assistant for Gulf War illnesses by E-mailing comments and suggestions, calling the office, or mailing their ideas to points of contact listed on the Web site.

The “frequently asked questions” list on the new Web site will constantly change as letters, phone calls, and e-mails come in.

Staffers plan to update the Web site every few days with news written by analysts, Pentagon officials and experts.

The new Web site address is at <http://deploymentlink.osd.mil>

### TSP update

Courtesy of CPOCMA

The Employee Benefits Information System and theInteractive Voice Response System Thrift Savings Plan sections have been unavailable due to unforeseeable delays in receiving software codes that allow for higher employee contribution rates and eligibility changes. These modules are expected to be operational soon.

Although the EBIS TSP section has been completely shut down, the IVRS system may be used by calling 1-877-276-9287 and request routing to a counselor. The counselor will obtain your election information and ensure the action is processed and effected on July 1.

All actions submitted by June 30, either by counselor intervention or completed through the automated systems will be effective at the first opportunity, which is July 1.

1x2  
Conc

5 x7 ATT

2 x2 MDDC jl

2 x3.5 Prime  
ret

2 x5 Clrk

2 x10.5 cty  
stv

# Community Notes

## FRIDAY MAY 25 COUNTRY DANCING

The Harford County Country/Western Dance Association sponsors Country Western dancing each Friday at the American Legion located on Parke Street in Aberdeen. Dancing will be held 7:30 to 11:30 p.m. The instructor will announce lessons. Everyone is welcome. Cost of admission is \$10 and includes draft beer, soda, chips and pretzels.

## SATURDAY MAY 26 LATINO NIGHT

VFW Post 10028, located on 821 Old Philadelphia Road, Aberdeen, invites you to attend Latino Night, from 7 p.m. to 1 a.m. Latino Night is a free family event (all ages welcome) that has a fiesta atmosphere. Donations are not required but will be accepted at the door. Bring your favorite dish, and CDs for the DJ. Cash bar available.

For more information, call 410-272-1218.

## SATURDAY & SUNDAY MAY 26 & 27 VOLUNTEERS NEEDED TO HELP WITH WRESTLING TOURNAMENT

The East Coast Junior Duals will be held at Harford Technical High School, in Bel Air, May 26 and 27.

Eight state teams representing Pennsylvania, Connecticut, New Jersey, New York, North Carolina, Virginia, Delaware and Maryland will compete in the Olympic wrestling styles. Competitors will range from 13 to 19 years of age. Freestyle is on Saturday beginning at 9 a.m. and Greco-Roman, is Sunday, starting at 8 a.m.

Admission is \$3 for adults and \$2 for students and seniors.

Table workers and runners are needed for the tournament. To volunteer, call Keith Watson, 410-893-648,4 or Ron Garvin, 410-879-9026. For more information, visit [www.harford-grapplers.com](http://www.harford-grapplers.com)

(**Note:** The Harford Grapplers is an Olympic-Style wrestling club, located at Harford Technical High School in Bel Air. The club is open to wrestlers and coaches of all ages, weights and sexes. Practices are held on Monday and Wednesday evenings, 6:30 to 8:30 p.m. A USA Wrestling card is required and can be obtained through the club.)

## FRIDAY 1 JUNE BASKET BINGO

The Meadowvale Elementary School Parents and Teachers Association is sponsoring Basket Bingo at the Elk’s Lodge, Route 40, Havre de Grace, 7 p.m. Doors will open at 6 p.m. Food, drinks, and baked goods will be available. Tickets cost \$10; additional sets are \$5.

For tickets, call Meg at 410-939-5048.

## SATURDAY JUNE 2 WACVA MONTHLY MEETING

The Women’s Army Corps Veterans Association Maryland

Free State Chapter #70 will hold their next meeting of the Maryland Free State Chapter 10 a.m. at the Aberdeen Senior Citizen Center.

All women who have served or are serving in the Women’s Army Auxiliary Corps, Women’s Army Corps, Regular Army, Army Reserve, Army National Guard and Army Nurse Corps are welcome to attend. Also welcome, as associate members, are women of the Navy, Marines, Air Force and Coast Guard.

For more information about the association, contact Wanda Pelt, 410-272-5040 or visit Web sites [www.wacva.com](http://www.wacva.com) or [www.armywomen.org](http://www.armywomen.org).

## FRIDAY JUNE 8 PLAY BASKET BINGO, SUPPORT APGYOUTH

The School Age Services Support Group is sponsoring Basket Bingo at the Aberdeen Fire Hall. Doors open at 6 p.m., games start at 7 p.m. All bingo prizes will be Longaberger® baskets.

Tickets are \$10 and includes admission, 20 games and chances to win door prizes.

To purchase tickets, contact Tina Nierwienski, 410-278-1934, Cheryl Miller, 410-278-9424, or Sue Rumbaugh, 410-436-7485. Tickets will also be available at the Aberdeen Area Youth Center, building 2522, and the Child Development Center, building 2485. Seating will be limited to ticket holders only. At-the-door ticket sales are not guaranteed.

Refreshments and baked goods will be available.

(Note: Longaberger® and other basket and collection names are property of the Longaberger® company. This fundraiser is in no way connected with, nor is it approved or sponsored by the Longaberger® company.)

## SATURDAY JUNE 15 BASKET BINGO

The Aberdeen Fire Hall, Rogers Street, will hold a Longaberger® Basket Bingo at 7 p.m. Tickets cost \$10 per ticket (three paper cards); extra cards are available at \$5 per set. Doors open at 6 p.m.

The fundraiser benefits the Harford Choral Society.

To purchase tickets, call Joanne, 410-939-9642, or Arlene Raymond and Phyllis Gilbert, 410-273-7332.

## SATURDAY JUNE 16 FUNDRAISER AT LOCK HOUSE

The Susquehanna Museum at the Lock House is sponsoring an evening of “Wine and Jazz” 7 to 11 p.m. at the Havre de Grace Community Center, on Lagaret Drive. This is our ninth annual wine and jazz fundraiser. Music will be by “The Gentlemen of Jazz” for your listening or dancing pleasure. There will also be a special guest appearance by Mickey Light of Baltimore, performing “Sounds of Sinatra.”

Gourmet light refreshments will be served with wine and other beverages. There will also

be a live auction, a silent auction, a raffle, and door prizes, to benefit the museum.

Special auction items include a chair from the old Bayou Hotel, hand painted by one of our local artists, four Ravens tickets with parking, a hull or model of a ship by Martin Hoover, a sculpture of a decoy carver by Jackie Hoover, a 1920s walnut child’s desk, an antique silk beaded scarf and many other items.

The raffle prize is a \$500 bond, and the door prizes are two Longaberger baskets filled with some exciting and delicious items. To order raffle tickets call 410-939-4010, 410-939-2352 or 410-272-3017.

For tickets to fundraiser, call 410-939-4297 or 410-939-5780. Cost is \$25 or \$30 if purchased at the door.

## OC&S LIBRARY

The Ordnance Center and Schools Library is located in the basement of building 3071. Hours are Monday and Thursday, 12 to 5 p.m., Tuesday and Wednesday, 12 to 7 p.m., and Friday, 12 to 4 p.m.

***The Art of Insurgency*** by Donald W. Hamilton

***Building Learning Communities in Cyberspace*** by Rena m Palloff

***Commercial and Institutional Maintenance Management*** by Kenneth Petrocelli

***One More Bridge to Cross*** by John Poole

***Digital Soldiers*** by James F. Dunnigan

***Gettysburg, A Battlefield Atlas*** by Craig L. Symonds

***Dollars and Sense*** by Marygail K. Brauner

***The Logistics of Waging War*** by Lt. Col. David C. Rutenberg, USAF

## MWR

### SPEsutIE ISLAND BOAT ACTIVITY MEMBERSHIP DRIVE

The Outdoor Recreation Spesutie Island Boat Activity has moorings and boat parking spaces available for eligible boat owners. Eligible patrons include active duty and retired military, Aberdeen Proving Ground civilian employees and retirees. Patrons are required to serve on one of several committees and perform eight hours of volunteer labor.

Moorings are \$9.50 per foot, parking fee is \$6.50 per foot (minimum cost based on 15 ft) and ramp-only access is \$6 per foot. Applications are available at Outdoor Recreation, building 2407, or at Spesutie Island Clubhouse, building 36.

For additional information about membership, call Jeff Lukas, 410-272-0586.

## MWR



All craft classes are held at the Edgewood Arts and Crafts Center, building E-4440, which is open Thursday, 1 to 9 p.m, Friday and Saturday, 9 to 5 p.m. For information, call 410-436-2153, during operating hours.

### Woodshop orientation

The woodshop will hold a safety orientation on Saturday, June 2, 9:30 to 10:30 a.m. There is a \$3 user fee. This class is required in order to work in the woodshop.

### Ceramic class

A basic ceramic class will be held on Saturday, June 9, 10 a.m. to 1 p.m. This class teaches the basics of mold pouring, glazing, and painting. Cost is \$7, plus supplies.

### Stained glass class

A beginning stained glass class will be held on Saturday, June 23, 9:30 to 1:30 p.m. Students will be making a simple suncatcher using the copper foil method. Cost is \$25 and includes supplies.

### Framing class

A beginning matting and framing class will be held on June 28, 5:30 to 9 p.m. Students must bring an 8 inch by 10 inch picture to class to frame and pre register in advance because class size is limited. Cost is \$15, plus supplies.

### Porcelain doll class

A beginning porcelain doll class making a Sugar Britches Doll will be held on Thursdays, June 7, 14, and 21, 5:30 to 8:30 p.m. Class size is limited. Preregistration is required. Cost is \$30, plus supplies.

### Custom framing

A professional picture framer is available to help with all of your framing needs. Photographs, diplomas, limited-edition prints, posters, oil paintings or just about anything can be framed. There is a wide selection of mats and frames to choose from. Large or small pictures can be framed for your home or office.

VISA or master card are accepted, including government VISA cards.

Two locations are available for all your framing needs, one in Aberdeen in building 2407, and another in Edgewood in building E-4440.

For information, call 410-278-4207 or 410-436-2153.

## MOVIES

**The movies will be closed this weekend in observance of Memorial Day.**

4 x 4 Aegs  
www

# Splish-splashing on APG

**By Sheila Little**  
*APG News*

Summer fun gets off to an official start on Aberdeen Proving Ground this Memorial Day weekend, with the opening of two of the three swimming pools on the installation.

On Saturday, May 26, at 11:30 a.m., the Olympic Pool in the Aberdeen Area at building 3325, and the Bayside Pool in the Edgewood Area at building E-4656, open their gates to another summer of swimming fun. The pools will be open seven days a week, 11:30 a.m. to 7:30 p.m., weather permitting. Both pools are scheduled to remain open through Labor Day, Sept. 3, provided lifeguards remain available through that date.

The Aberdeen Area Shore Pool will open on the Saturday following the end of school, June 16. Hours for the pool located at building 2031, are Tuesday through Sunday, noon to 7 p.m. The Shore Pool, which will be closed on Mondays, is set to remain open through August 19.

Carl Corriggio, chief of the Community Recreation Division, said that everyone looks forward to swimming when the weather gets hot.

“Swimming is one of the most important

programs that we run during the summer months,” Corriggio said. “During the heat and humidity of summer, it’s important to stay cool, and swimming is a great way to beat the heat and get in some great family time too.”

He said season passes are now on sale at the Equipment Resource Center, building 2407, and the Hoyle Fitness Center, building E-4210, on the Aberdeen and Edgewood sides of the installation.

Those eligible for pool passes include active duty and retired military members and their dependents, APG civilians including appropriated fund and non-appropriated fund employees and their eligible family members, and contractors working on the installation and appropriate family members.

A season pass, valid from Saturday, May 26, through Labor Day, September 3, is \$50 for an individual or \$80 per family; a monthly pass is available for \$25 per individual or \$35 per month for a family. Season and monthly passes entitle the holder to entry at any of the pools open in the Edgewood and Aberdeen areas. Daily passes, \$3 per person, can be purchased at the pools. The daily pass covers the pool where it is purchased, and is valid only for the day it is purchased.

“We feel our prices are very fair,” Corriggio said, and added that admission prices at off-post pools are much higher.

Corriggio said that as the swimming season progresses and following the close of county schools for the summer break, a ‘Learn to Swim’ program will be offered for those youngsters needing general swimming lessons. Registration for lessons will take place at the Outdoor Recreation Facility, building 2407 in the Aberdeen Area, and the Hoyle Gym and Fitness Center, building E-4210. More information on the program will be published closer to the end of the school year.

In addition, the Bayside and Olympic pools will offer lap swimming Monday through Friday, 11:30 a.m. to 1 p.m., for those interested in the exercise benefits of swimming.

Corriggio offered additional bit of advice for those anticipating a great summer for swimming.

“Obey the posted rules and regulations, listen to the life guards, and most of all, enjoy yourself,” he said.

For more information on the APG swimming season, call Outdoor Recreation, 410-278-4124

## Running - a way of life for OC&S Co. C first sergeant

**By E. C. Starnes**  
*OC&S*

When Robert Bartholomew met his wife, Cathleen, they were running. It’s now 10 years later and they are still running.

“I met my wife at the Munson 5K race on post in 1991 and we’ve been running ever since,” explained the first sergeant from Company C, 16th Ordnance Battalion.

A recent run was May 6 in the Microsoft-USO Defenders 10-mile run in Washington.

The Bartholomews ran with a team of volunteers from his company, and their military coed team finished fifth out of 16 teams.

The team started training together on April 9.

“Our training consisted of running four to five days a week, concentrating on medium-paced runs of six to nine miles,” Bartholomew said. “Once a week we have been doing speed work.”

On the weekend before the D.C. run, the team completed an 11-mile run through the streets of Aberdeen.

“I felt the team needed the distance and the hills,” the first sergeant explained.

The team first competed in the Harvest for the Hungry Run at Aberdeen Proving Ground, on April 21 sponsored by the Harford Food Bank. They finished first as a team.

“All soldiers on the team are here in advanced individual training, except for 1st Lt. Katherine Teliska, the company executive officer, and myself,” noted Bartholomew.

The first sergeant had nothing but praise for his team.

“All the privates on the team are new in the Army and to distance running,” he said. “It was the first time any of them raced over four miles. I think they did extremely well.”

The D.C. course started and finished at the Pentagon.

“The course was mainly flat and the weather was mild and breezy,” noted Bartholomew.

Out of a field of 1,164 male runners, individual times for the Company C runners were:

- 1st Sgt. Robert Bartholomew, 63:56; 69th
- Pvt. Roger Clausen, 67:51, 107th

- Pvt. Pablo Alvarado, 68:30, 117th
- Pvt Nathan Reedy, 68:31, 118th
- Pvt. Jerry Davis, 69:53, 147th
- Pvt. Andrey Barban, 70:54, 177th
- Pvt Jeremy Baker, 77:53, 374th
- Pvt. Chris Kraenzle, 69:09, 410th, and
- 1st Lt. Katherine Teliska, 81:23, 109th out of 685 female runners.

Cathleen ran on her own and finished 155th out of 685 runners with a time of 1:23:47.

“The team recently finished in the Armed Forces 5K on May 19,” said the first sergeant.

Even without a team, Robert and Cathleen Bartholomew take to the racecourse quite often. They are members of the local RASAC running club and have run in the Marine Corps Marathon, the Harrisburg Marathon, Jersey Shore Marathon, the Army 10-Miler, and the Annapolis 10-Miler.

“Any day I’m too busy to run is a day I’m too busy,” Bartholomew said.

## Volunteers still needed for June 16 concert

Morale, Welfare and Recreation still needs volunteers for the June 16 Classic Rock Concert featuring the legendary bands, STYX, KANSAS and Survivor.

Several sponsors and concessions will be on hand to support the thousands of fans expected to attend.

MWR is looking for 12 volunteers to work directly with sponsors such as AT&T and First USA. To volunteer as a sponsor supporter, contact Chris Lockhart at 410-278-4011/4621.

Several more positions are open for gateworkers, ticket collectors, drivers and other areas.

Those interested in lending a hand to the post and the community should contact Shirley Overmiller before June 12 at 410-278-4402/4056 or E-mail shirley.overmiller@usag.apg.army.mil.

## 2 x2 MDDC mrch

## 2 x5 Hinder

## 6 x10.5Prl Hbr

# Effort is on to strictly enforce traffic laws and regulations

***SPEEDING, from front page***

areas, however, our resources are limited.”

Darabasz said that last year over 1,500 speeding tickets were written on APG. He said that since the police cannot be everywhere, residents can help curb speeding by getting a good description of the vehicle and operator in addition to writing down the tag number. Citations can be issued based on observation. However, residents should keep in mind that citations issued due to resident observation require the complainant to appear in court and testify about what they saw. Police can issue the citation but cannot testify for them.

Aberdeen Area residents can reach the AA Police Desk at 410-306-0565. Edgewood Area residents can report violations to the Edgewood Area Police Desk at 410-436-2022.

Darabasz said speed reduction devices such as speed bumps are illegal on the installation. Speed bumps present a definite and immediate hazard to some vehicles such as bicycles, motorcycles and emergency response vehicles and a potential hazard to all vehicles, especially subcompact cars. Personal injury and liability are

additional issues.

Addressing the rules regarding passing troop formations, Darabasz said all vehicles should stop as troops approach and let them pass before proceeding at no more than 10 miles per hour. If in doubt, stop until the formation passes.

APG regulations direct that no vehicles pass troop formations that are in their lane of traffic. Formations are described as two or more troops with a leader. Passing formations that are using the shoulder of the road, and are completely on the shoulder of the road, is permitted at 10 miles per hour or less. The speed limits and proper regulations regarding passing troops are enforced by the APG Police.

Emphasizing the need for caution when moving about on the installation, Spidel said, “Nothing is more important than the safety of all of our personnel on APG.”

“I am directing a renewed effort by our police to strictly enforce all posted speed limits.”

Spidel added, “There are more and more cases of speeding on the installation, and we’re going to start being pretty ruthless in enforcing the laws.”

# Pay raise targets mid-level NCOs

*Courtesy of MilitaryReport.com*

Some mid-level noncommissioned officers will see an increase in their pay in July thanks to a provision in the fiscal 2001 National Defense Authorization Act. Air Force Print News reports that, unlike last year’s July 1 pay table reform where 75 percent of military members saw a raise, this year’s reform targets E-5s to E-7s with six to 26 years of service. The raise rewards promotion over longevity and addresses some of the concerns expressed by the Department of Defense and congressional leaders about retention trends.

For more information on pay increases, or to see a pay chart, visit the DOD Military Pay and Benefits Web site at <http://pay2000.dtic.mil/>.

## Dell recalls notebook computer batteries

**By Scott Wolfson**  
*CPSC*

WASHINGTON, D.C.— In cooperation with the U.S. Consumer Product Safety Commission, Dell Computer Corp., of Austin, Texas, is voluntarily recalling about 284,000 batteries used in notebook-style personal computers. These batteries can overcharge, causing them to become very hot, release smoke, and possibly catch fire.

Dell has received one report of a battery overcharging, resulting in minor property damage. No injuries have been reported.

The recalled batteries were sold in Dell Inspiron 5000 and 5000e notebook computers and sold separately for use in both of these systems.

The words, “DELL,” “MADE IN JAPAN,” and “Inspiron 5000 Battery Module” are printed on the top of the batteries. An identification number is written on a colored sticker at the rear of the battery. Those batteries that have colored stickers containing either the number “99” or the series “00 51” or less, and the letter “P” in the first line, are being recalled.

Dell sold these batteries nationwide through catalogs and over the Internet from January 2000 through March 2001. The computers with these batteries were sold for between \$2,100 and \$3,100, and individual batteries were sold for between \$100 and \$130.

Consumers should stop using these batteries immediately and call Dell toll-free at 877-237-3355 or go to Dell’s Web site at [www.dell.com](http://www.dell.com) to order a free replacement battery. Consumers also can write to the company at Dell Computer Corporation, RR2E, MSC #8222, One Dell Way, Round Rock, TX 78682.

In October 2000, CPSC announced a recall of Dell Notebook computer batteries for the Inspiron 3700 and 3800 systems.



Photo b y BRENDA ECKSTEIN  
*Brig. Gen. Philip Mattox, deputy for acquisition and readiness, U.S. Army Soldier and Biological Chemical Command, and Sen. Daniel Inouye, D-Hawaii, listen to Peter Wallace from the Soldier Systems Center discuss vision to address needs of ground troops in urban and restrictive domains at Soldier Modernization Day on Capitol Hill May 2.*

# Members of Congress get up-close view of latest technology

**By Staff Sgt. Marcia Triggs**  
*Army News Service*

WASHINGTON (May 4) - The U.S. Army Soldier and Biological Chemical Command introduced members of Congress and staffers to recently fielded and soon-to-be-fielded items, May 2 on Capitol Hill, to give them a closer look at the Army’s latest technology.

Sen. Daniel Inouye (D-Hawaii), Ranking Member, Subcommittee on Defense of the Senate Appropriations Committee, spent nearly 45 minutes attentively listening to each of the briefers and expressed appreciation for the work U.S. Army Material Command and U.S. Army Soldier and Biological Chemical Command put into this demonstration. He said that it was a positive display that will enable members of Congress and their staff to make decisions on the great progress that the Army is doing.

“There’s only about 10 percent of the Congressional staff that have any military experience,” said Lt. Col. Ted Pusey, chief of Army Legislative Liaison in the Army Senate Liaison Office. “We’re trying to enhance that lack of experience by exposing them to things that are about and for the Army.”

More than 200 people were introduced to the Army’s latest developments. It was the third time that the Army legislative liaison office has sponsored the event. However, this event was specifically geared for members of Congress.

“This was definitely a tool to give staffers a look ahead of what kind of funding the military needs and what priority they should have,” said Alex Burnett, military legislative correspondent for Sen. Jesse Helms of North Carolina. “For people who don’t know much about the military, hopefully they’ll gain a greater awareness of what we can do as Senate offices to help build our military.”

The showcase was a virtual reality experience for some members of Congress who were given the opportunity to track the enemy and fire through computer-based software.

“Some of the weapon systems put me in the mind of video games,” said Randy Pate, a legislative councilman for Sen. Jeff Session of Alabama. “This is very appealing, high-tech weaponry.”

***See CONGRESS, page 14***

# New Military Spouse Preference Program begins

*Courtesy of MilitaryReport.com*

The Military Spouse Preference Program undergoes a change on June 1, removing some restrictions and providing greater flexibility in Department of Defense employment options.

U.S. Air Forces in Europe News Service reports that a new trial program, called MSP Choice, allows military spouses within the European theater to accept more positions without loss of their military spouse preference.

Under the current program, spouses lose their eligibility whenever they accept any permanent position, regardless of work schedule, or whenever they accept a time-limited position lasting one year or longer.

MSP Choice removes this constraint and is the first significant change in Department of Defense policy on military spouse preference since 1989.

Under the new provisions, military spouses retain their MSP unless they accept (or reject the offer of) a continuing position. A continuing position is now defined as a permanent full- or part-time position. Military spouses may therefore, accept an unlimited number of temporary positions, term positions, intermittent positions, or non-appropriated fund flexible category positions without loss of the MSP. All European theater-appropriated fund and NAF positions within the Defense Department are covered by this guidance.

Program guidelines will also make it possible for spouses who lost preference by accepting a time-limited, flexible or intermittent position to have their MSP reinstated.

For more information on MSP Choice, contact local human resources offices or visit Web site: [http://www.eucom.mil/programs/awards/civilian/fme/\\_index.htm](http://www.eucom.mil/programs/awards/civilian/fme/_index.htm)

For information on career resources for military spouses, visit <http://www.military.com/Careers/Spouses/0,11754,77,00.html>

**3 x10.5 APG fd**

**3 x9 fath dy**

Classified

May 24, 2001 • APG News 1

2 APG News • May 24, 2001

May 24, 2001 • APG News 3

4 APG News • May 24, 2001

May 24, 2001 • APG News 5

6 APG News • May 24, 2001

May 24, 2001 • APG News 7

8 APG News • May 24, 2001

May 24, 2001 • APG News 9

10 APG News • May 24, 2001

May 24, 2001 • APG News 11

12 APG News • May 24, 2001

May 24, 2001 • APG News 13

14 APG News • May 24, 2001

May 24, 2001 • APG News 15

16 APG News • May 24, 2001

**Classified**

**Classified**

# Shinseki testifies on beret contracts to Congress

**By Staff Sgt. Marcia Triggs**  
*Army News Service*

The fielding of black berets for some commands will be delayed because of procurement problems, but soldiers will not be required to undergo any “rites of passage” in order to receive the beret, officials said.

“The sergeant major of the Army consulted with the senior command sergeants major around the Army and their recommendation was that soldiers who have completed initial entry training were qualified to be issued the beret at their first duty station,” said Master Sgt. Dave Schad, a spokesman for Sergeant Major of the Army Jack L. Tilley. He said senior Army leaders approved the recommendation.

The decision to eliminate the rites of passage, which were to have included an Army history test, was arrived at the same week Army Chief of Staff Gen. Eric K. Shinseki testified to Congress about the berets. He appeared before a hearing of the House Small Business Committee May 2 to answer questions about procurement of the black berets.

Congressmen said Bancroft Cap Company in Cabot, Ark., was contracted to produce 1.2 million of the 4.7 million black berets. They said that firm, out of the seven originally contracted, was the only one with a factory located in the United States.

Some members of Congress said the Department

of Defense may have bypassed the Berry Amendment, which restricts foreign access to U.S. government defense procurement by giving preference to U.S.-based companies that offer domestically produced, manufactured or homegrown products.

During the hearing, small business owners expressed their frustration of not being able to obtain the contract because of the fast turnover rate the Army required. Shinseki’s directive was for the entire service to don the berets June 14, on the Army’s 226th birthday. However, because of three companies defaulting on their beret delivery and a policy decision not to issue berets produced in China, not all soldiers will be wearing the black berets next month.

Another reason some American small businesses were not awarded the beret contract is the design, according to statements made by members of the Congressional committee. The Army’s standard beret is a one-piece seamless design. Some U.S. companies competing for the contract were able to produce only a two-piece sewn, not stitched, beret.

Shinseki said that he requested the berets, but it

was the contracting decisions of the DoD acquisition authorities that dictated how the berets would be produced.

“I can only speak for the Army,” Shinseki said, “and we’re not in the procurement business.”

Shinseki said that his order of business is transformation and building cohesiveness in the ranks. “It is important to ensure that all soldiers know that they are a part of the cutting-edge Army ... as momentum is gained with the first two Interim Brigade Combat Teams at Fort Lewis, Wash.” he said.

“The black berets will build bonds between active-duty, reserve, aviation, maneuver and support communities,” Shinseki said, “because no one wins wars alone.

“We are all part of the Army’s transformation,” he said.

In October, Shinseki announced that the Army would outfit its soldiers with black berets as a symbol of transforming to a lighter, more-deployable force. But he said it was subsequently the Defense Logistics Agency that awarded the contracts for the berets.

DLA awarded contracts to companies with foreign manufacturers to supplement those manufactured by Bancroft. During the hearing, Lt. Gen. Henry Glisson, the Defense Logistics Agency director, said DLA made every effort to maximize small business participation in contracting for the black berets, but the extremely limited domestic manufacturing drove DLA to foreign-produced berets.

Contracts were awarded to three domestic small businesses that produced the berets in foreign countries and three foreign firms.

Shinseki said that it was in February he learned that the berets were being manufactured outside of the United States. Shinseki added that if he had known earlier he would have been more flexible with the time to don the black berets.

“We might have begun the process of implementation on June 14, but phased it over a longer period of time,” he said.

Fielding of the black berets has already begun with the National Guard and Army Reserve, according to Lt. Col. Paul Hilton, who is coordinating the fielding plan in the Office of the Deputy Chief of Staff for Operations. He said the goal is still to get the maximum number of berets to soldiers before June 14. The final fielding schedule is still being staffed, he said.



# DoD testing new relocation programs

**By Ron Morton**  
*Army News Service*

Two pilot programs are now testing better ways to move household goods for soldiers and civilian employees.

The “Full Service Moving Project,” is a two-year Department of Defense test program involving service members in Georgia, North Dakota and the Washington area. It began in January.

The Military Traffic Management Command’s “Re-engineered Personal Property Program” is also a two-year program being tested in North Carolina, South Carolina and Florida. It began in January 1999.

The Full Service Moving Project involves seven contracted Move Management companies. Each move manager provides the service member with a single point of contact for their entire move, officials said, and handles the servicemembers’ relocation from start to finish.

In the MTMC Re-engineered Personal Property Program, government employees handle the move management, but officials said the MTMC test is focusing on many of the same key services to improve the quality of moves.

“The Department of Defense has been trying to make changes to the movement program for a number of years,” said Cullen R. Hutchinson, project manager, Full Service Moving Project. He explained that the new pilot is actually a spin-off of a program the Army tested at Hunter Army Airfield, Ga., three years ago.

“The current program is 30 to 40 years old and is based on lowest cost to the government,” Hutchinson said. “The test project is based on 70 percent performance quality and 30 percent cost.”

Under the current program, a servicemember might wait all day for the carrier to show up to pack and pick up household goods, Hutchinson said. If something should happen to the household goods in shipment, the servicemember can receive the current valuation of \$1.25 per pound times the shipment weight up to \$40,000 at depreciated value.

If the shipment is over the weight limit, the servicemember might not find out until the finance center sends a letter, garnishing pay. Under the current system the servicemember has no one person to talk to about household goods from start to finish of household shipment.

The objective of the program is to improve 11 key services. The biggest improvement with the pilot program, Hutchinson said, is the servicemember has a single point of contact through the whole move.

The Full Service Moving Project is currently operating at 23 military bases, across all branches of service including the U.S. Coast Guard, in three regions of the country: the National Capital Region and the U.S. Naval Academy; Minot, N. D., and Georgia with the exception of Warner Robbins Air Force Base. The goal is to improve the quality of life for servicemembers and their families as well as to provide best value for the government, Hutchinson said.

Improving customer satisfaction, improving the acquisition process, and streamlining infrastructure involved in the moving process will accomplish this goal, he said. The military services will be getting the same quality of move as corporate America gets, Hutchinson said.

“Servicemembers are writing back saying things like, ‘I can’t believe this is a military move, I’ve never had a move like this before,’

“Hutchinson said. “The feedback is good and I think it’s only going to get better.”

One of the steps done differently in this program is part of the acquisition process. “Dunn and Bradstreet conducted a critical-supplier risk assessment of all bidders,” Hutchinson said. This identified high-risk bidders for the Department of Defense so the high-risk bidder could be precluded from the process before contract award.

Of the 613,000 moves handled by the Military Traffic Management Command each year, the pilot program will touch approximately 45,000 over the two years, which is just a fraction - 8 percent - of the total number of moves, officials said.

In order to facilitate this program, a partnership was formed between nine different organizations: the Office of the Secretary of Defense, the four military services, the U.S. Coast Guard, the U.S. Transportation Command, the U.S. Army Communication Electronic Command Acquisition Center, and the freight forwarding and relocation management industries.

The pilot program is sponsored by the Assistant Deputy Undersecretary of Defense for Transportation Policy, Hutchinson said. Currently seven contracts have been awarded to Move Management companies to provide complete point-to-point management for all household goods for servicemembers. Further, transportation agreements were awarded to 189 moving companies to actually move the household goods, Hutchinson said.

Under guidance provided to the move managers, moving companies are selected based on their performance and cost, Hutchinson said. The Gallup Organization developed a customer satisfaction survey to be completed by the servicemember within two weeks of his or her move.

“This survey will ask about the performance of the carrier, the move manager and the process as a whole,” Hutchinson said.

The satisfaction surveys will be collected and used to measure the performance of the 189 moving companies and determine how much business each one will receive, Hutchinson said. Based on these surveys, the best performing moving companies will receive the greater part of the business, he said. Average performing companies will receive a more modest number of moves. The lowest performing companies will receive no moves and will be used only in times of surge requirement, Hutchinson said.

The program is based on incentives, Hutchinson said. “This makes for solid competition, getting us the quality program we want.”

The Navy is also testing a program called “Navy Servicemember Arranged Move,” which provides sailors at some bases the opportunity to select their specific mover.

The U.S. Transportation Command will evaluate all three pilot programs to determine what is best for the Defense Department and will be providing the military services and Office of the Secretary of Defense a recommendation as to what the future personal property shipping program should be, Hutchinson said.

More information about the Full Service Moving Project can be found on the Web site at [www.dodfsmf.com](http://www.dodfsmf.com).

## Improved services of Full Service Moving Project

- Servicemember has a single point of contact through the whole move;
- Full replacement value for lost and/or damaged household goods, not its depreciated value - \$6 times the shipment weight, capped at 75,000;
- Simplified claims processing;
- Direct claims settlement with carriers or move managers;
- Guaranteed 45-day claims settlement and reimbursement - check in hand; Quicker claims settlement for claims under \$500 - paid in five days, subtracted from total settlement;
- Guaranteed arrival within two-hour time window for packing, pickup and delivery - service member can receive an inconvenience payment if outside window;
- Binding estimates for excess costs - telling service members if they’re overweight and how much they must pay - this gives the service member a chance to lower the weight;
- A toll-free help line for in-transit visibility;
- Servicemember satisfaction surveys;
- A transportation provider selection which emphasizes best value and varied relocation services to assist transition.

# SBCCOM briefs Congress

*CONGRESS, from page 10*

Pate, who admitted not being very knowledgeable on military equipment and its capabilities, said he feels more secure knowing that the new equipment will enhance soldiers’ abilities to protect and defend.

“There are so many items being placed on the soldier to help him perform better, at a quicker rate and still minimize civilian losses. That is awesome,” Pate said.

One of the most viewed displays was the Land Warrior, an integrated fighting system that provides the soldier with improved situational awareness, overmatching lethality, high levels of protection, and rapid digital and voice communications.

“When people leave this station, I want them to know that this is the best thing that ever happened to the infantry,” said Sgt. Joshua Katz, a Land Warrior demonstrator from the Training and Doctrine Command’s Systems Manager Soldier. “Everything the dismounted soldier wears and carries is integrated on the Land Warrior system, and the weight is equal to or less than what the soldier carries now.”

Astonished by Katz’s statement, the Congressional members and staffers awaited an explanation.

“Everything is powered by one battery, which decreases the weight,” Katz said. “This system alone adds to our life expectancy by allowing me to accurately engage targets from cover using the thermal or video sight in the heads up display. Among its many benefits, it also protects me from bullets, shrapnel, directed energy and chemical weapons.”

Land Warrior is part of the Army’s transformation from the legacy force to the “Objective Force,” Pusey said. Other items on display — such as the latest in support equipment and the newest field rations given to members of Congress for lunch — are also part of the Army’s transformation, he said.

“These items coincide with Gen. (Eric) Shinseki’s plan for a more effective, efficient and lighter force, which ultimately leads to a more efficient, deployable unit,” Pusey said, referring to the vision of the Army chief of staff.

For more information on the U.S. Army Soldier and Biological Chemical Command and its programs and technology, visit [www.sbccom.army.mil](http://www.sbccom.army.mil).

*(Editor’s note: Miguel Morales, SBCCOM Public Affairs Office, Aberdeen Proving Ground, Md., contributed to this article.)*

# New GI Bill benefits available

**By Master Sgt. Jon Connor**  
*Army News Service*

Participants in the Montgomery GI Bill program were given the option starting May 1 to increase their monthly stipend up to \$800.

Educational benefits legislation enacted into law in November contained a program that will allow MGIB participants the opportunity to make new contributions maximizing the total for soldiers serving on active duty three or more years to \$28,800, an increase of \$5,400.

This amount, combined with annual cost-of-living increases, will definitely help offset education costs for service members, said Lt. Col. George Richon, chief of Recruiting Resources Branch, Enlisted Accessions Division under the Army’s

Deputy Chief of Staff for Personnel. The payment will be matched by a 9-to-1 return on investment if the complete 36 months of benefit is used, Richon said.

The minimum contribution is \$20, and can be made monthly carried over whatever amount of months enrollees decide, up to a maximum total \$600 contribution toward the existing MGIB benefit.

All contributions are nonrefundable, Richon said.

Army education centers will supply the DD Form 2366 and payment documents to begin the additional contribution. Actual payment arrangements will be made at the local installation’s finance office.

Only those personnel who entered active duty on or after July 1, 1985 and enrolled in the MGIB program during the first

two weeks of active duty are eligible to participate. Those “hundreds of thousands” of eligible individuals hoping to participate in the optional benefits program must contribute the additional funds only while serving on active duty, Richon said.

Since the MGIB program began July 1985, 89.7 percent of the soldiers it is offered to have enrolled in it, Richon said. For 2001, the figure is at 95 percent, he added.

Those soldiers who were on active duty Nov. 1, 2000 but will separate prior to May 1, 2001, have until July 31 to contribute through their servicing VA office, program.

Eligible soldiers separating are encouraged to contact the Department of Veterans Affairs at 1-888-GIBILL1 or [www.gibill.va.gov/education/benefits/htm](http://www.gibill.va.gov/education/benefits/htm) for payment proce-

## Stabilization eases high school turbulence

**By Joe Burlas**  
*Army News Service*

Stabilizing Army families with high school seniors to reduce turbulence is one of the Army’s current priorities.

“Kids want to go to the senior prom and graduate with their friends. Army service shouldn’t mean sacrifice for Army families,” said Col. Jeffrey Redmann, deputy director of U.S. Army Personnel Command Enlisted Personnel Management Directorate.

Growing up in an Air Force family, Redmann attended three different high schools due to permanent change of station moves. He also said his son and daughter attended multiple high schools due to the requirements of his Army career.

Soldiers with a family member due to graduate high school in 2002 can initiate a request for stabilization by submitting a DA Form 4187. The family member must be enrolled in DEERS. A letter from the high school stating when the family member is pro-

jected to graduate must be attached to the 4187.

Soldiers stationed overseas must state on the form that they will extend their foreign-service tour to meet the stabilization requirement.

Enlisted soldiers must also list any scheduled training, such as schooling or temporary duty enroute, on the 4187. Officers with scheduled training should contact their branch assignment officer to reschedule that training.

The application suspense for soldiers with youth who will be seniors next fall is May 30. Beyond the 2001-2 school year, the suspense will be 12 months prior to the start of the youth’s senior school year.

There will be instances where stabilization is not possible due to the needs of the Army, Redmann said, but those will be exceptions to the rule.

For more information, visit the PERSCOM homepage at <http://perscomnd04.army.mil/milpermsgns.nsf>.

# Sports & Fitness

## Marine Corps wins three the hard way, sweeps HHC 16th for volleyball championship

**By Yvonne Johnson**  
APG News

It was a dream season for a dream team. The U.S. Marine Corps Detachment left an indelible mark on Aberdeen Proving Ground sports by going undefeated through the regular volleyball season then sweeping HHC 16th Ordnance Battalion in the finals to win the 2001 Intramural Volleyball championship in a most convincing fashion, 15-8, 15-2; 15-5, 15-12.

USMC faced only one bump in the road on the way to its championship finish. A loss to the Noncommissioned Officer Academy in the playoffs placed the team in the losers' bracket, forcing a need for two wins over HHC 16th, in the winners' bracket.

The championship series, held May 14 in the Aberdeen Athletic Center, was delayed by a controversy when a HHC 16th player was deemed ineligible to participate. The loss of Yolanda Goff, from Kirk, U.S. Army Health Clinic, the team's star setter, was a terrible blow to HHC 16th, which counted on Goff's tenacious play at the net throughout the season.

Despite strenuous protests from HHC 16th coach Joe Jefferson, the games got underway minus Goff, who remained to cheer the team on.

The teams took to the court with USMC serving after winning the coin toss.

It was a war from the word "go."

HHC 16th soared to a 5-0 lead with impressive serving by Ernie Woodruff and standout defense by Ron Jupiter.

Regrouping, USMC's Abraham Sanchez sent a mean spike across the net then took over on serve, supplying the team's first point. HHC 16th held the Marines off for a while, pulling out to an 8-5 lead. Tying it up at 8-8, USMC seized the momentum, pulling away 10-8 before a HHC 16th

timeout.

With player-coach Joe Jefferson, Janice Farmer and Brian Bridges on the front line, and veteran player, Albert Jones bringing up the rear, HHC 16th lunged back into it, putting up spectacular defensive

plays but failing to score on serve. USMC held them, 15-8 with superb net defense and gutsy plays.

"We came out swinging but losing Goff like we did caused a lot of confusion," Jefferson said at the break. "We'll bounce back."

Up 2-1, USMC never relinquished its lead, cruising up 9-2 as Przygoda, William Cowger, and Jeffery Williamson provided an immovable defense to Michael Looker's intimidating serves. USMC won 15-2 to set up the all-important "If" game; as in "If you want it bad enough you can take the trophy home."

It seemed like USMC wanted it bad enough as they again pounded HHC 16th 15-5.

Unwilling to count itself out, however, HHC 16th played like the winner it was all season. Jones, Bridges and Woodruff propelled the team to a 10-10 tie with bursts of inspired play, a more aggressive offense and fewer misplays.

Despite the promising comeback, USMC came roaring back into it. Przygoda used his signature "Leaper" serve to push the team a 14-12 lead.

Callenta closed the game out, on serve, dishing out the final score of his military career.

"They play better when the chips are down," Callenta said of the close score. Nearing retirement, the gunnery sergeant added he was proud to have coached and played with such a "win-

ning squad."

"They play proud and focused," he said.

The game referees were Red Loman, Ed Ward, Tad Simons and Scott Shipley. Lennie Abrams was the official scorekeeper.

The USMC championship team consisted of coach, Ed Callenta, Shawn Przygoda, Anthony Camiola, Michael Looker, William Cowger, Elijah Packman, Abraham Sanchez, Jeffery Williamson and Richard Silva.

The HHC 16th Runners-Up team were coach Joe Jefferson, assistant coach Manu Tufuga, Albert Jones, Ernie Woodruff, Ron Jupiter, Brian Bridges, Janice Farmer, Cassandra Connors, Ariel Rivera, and Rodney Harris.



Members of the U.S. Marine Corps Detachment volleyball team pose with their trophies after winning APG's 2001 Intramural Volleyball Championship in the Aberdeen Athletic Center on May 14. From left, front, Anthony Camiola, Abraham Sanchez, Shawn Przygoda, and William Cowger. Back row, Elijah Packman, Richard Silva, Michael Looker, and coach Ed Callenta.

Photos by YVONNE JOHNSON

Inset top left, in his final volleyball game as a U.S. Marine, Ed Callenta punches the ball past Headquarters and Headquarters Company 16th Ordnance Battalion's Ron Jupiter, 44. Callenta, a gunnery sergeant who coached the team through an undefeated championship season, is retiring from active duty after a 20-year career. Inset middle, Headquarters and Headquarters Company 16th Ordnance Battalion's Brian Bridges, 42, and Joe Jefferson, 23, fend off an attack at the net by the U.S. Marine Corps Detachment's Shawn Przygoda, 14, as HHC 16th's Ernie Woodruff, 33, looks on during the first match of the intramural volleyball finals. USMC swept all four matches in two games to win the 2001 championship. Inset bottom, the U.S. Marine Corps Detachment's Shawn Przygoda, 14, defends against Headquarters and Headquarters Company 16th Ordnance Battalion's Brian Bridges.



The intramural volleyball team runners-up, Headquarters and Headquarters Company, 16th Ordnance Battalion, pose for a team photo. From left, front, Ron Jupiter, Ernie Woodruff, Janice Farmer, and Yolanda Goff. Back row, Ariel Rivera, Brian Bridges, Albert Jones, coach Joe Jefferson, Rodney Harris and assistant coach Manu Tufuga.

## EA/AA Fitness Centers welcome health-conscious workers



Photos by YVONNE JOHNSON

Wayne Parker, right, a certified massage therapist, performs massage therapy on Minh Nguyen, a chemical engineer from the U.S. Army Soldier and Biological Chemical Command, in the Edgewood Area Fitness Center during Health and Fitness Day. Minh is in a Pisces chair, which allows for better access to the arms, back and upper chest. The Aberdeen and Edgewood Area Fitness centers offered complimentary massages, snacks, health information and screenings for military and civilian employees who attended the annual observance.

**FITNESS, from front page**

White, Wayne Parker and T.C. spent the morning prodding muscles and sending most people away feeling more relaxed for the experience.

Therapeutic massage is not offered in the fitness centers. The therapists were included in the program to increase awareness of the range of subjects regarding health and fitness.

Crawley said massage is an alternative therapy that improves circulation, providing oxygen to muscles and nerves.

"We recommend a massage every two weeks or whenever in pain or suffering from a chronic condition," Crawley said.

"Massage is not only healthy, it can stimulate the immune system by increasing white blood cell count," added White.

Both used essential oils in their ministrations. Customers agreed the sessions worked wonders.

"It felt great," Toni Lenzi, a contractor with SBCCOM said

after his massage. Lenzi said he stays active to keep his blood pressure in check.

"Going to work every day is not enough because you don't get the cardiovascular rhythm going," Lenzi said. "Besides, you feel a lot better physically and mentally when you work out."

The high point of the day was the traditional Fun Run/Walk, this year involving a three-mile trek around Weide Airfield. Matt Perrone, a center employee, kept time for the participants who, though small in number, were just as enthusiastic.

The winner was Terry Zarzecki, a graphic designer with USAEC. An exercise enthusiast, Zarzecki said she took advantage of the center's 20 percent off promotion to renew her membership that day.

"The center is in a great loca-

tion for people who work at Edgewood," Zarzecki said, adding that she favors the weight machines and aerobics classes.

The fitness centers, located in building 320 in the Aberdeen Area and in the back of Hoyle Gym, building E-4210, in the Edgewood Area, are open to active duty and civilian employees of APG, retirees and their family members.

The centers are open Monday thru Thursday, 5:30 a.m. to 7 p.m., Friday 5:30 a.m. to 6 p.m., Saturday, 8 a.m. to noon and closed Sundays and holidays. They offer lunchtime and evening aerobic, step and toning classes, group fitness sessions for post organizations, the use of quality exercise and weight equipment, and monitoring by trained fitness professionals.

For more information call in



Terry Zarzecki, U.S. Army Environmental Center, approaches the finish line on her way to winning the Health and Fitness Day Fun Run/Walk near Hoyle Gym in the Edgewood Area.



Teresa Crawley, a certified massage therapist, works on Mark Williams, an Edgewood Area Fire Department paramedic. Crawley and three other therapists gave complimentary massages during Health and Fitness Day activities in the Edgewood Area Fitness Center.



Kim Michaels, an environmental protection specialist with the U.S. Army Environmental Center, gets her blood pressure checked by paramedic Mark Williams.

# Brownies thank EA Youth Center with a living gift

*Girl Scout Troop 54 adds to the beauty of the community*

**By Sheila Little**  
*APG News*

Girl Scouts of Central Maryland Brownie Troop 54 publicly recognized the efforts of Aberdeen Proving Ground personnel with a program and reception May 10, on the grounds of the Edgewood Area Youth Center.

The Brownies, under the guidance of Troop Leader Lorene Hutchinson and Assistant Leader Michelle Hancock, were joined by Maj. Gen. John C. Doesburg, commander of APG and the U.S. Army Soldier and Biological Chemical Command, and Regina Dannenfelser, Child and Youth Services Division chief, as they acknowledged the assistance of the EA Youth Center staff and leaders of the APG military community by donating and planting a dogwood tree near the entrance to the Edgewood Area Youth Center, building E-1902.

Doesburg thanked the Girl Scouts for inviting him to the outdoor ceremony and providing more beauty to the installation. Doesburg added that as the father of two sons, this was his first Brownie troop meeting.

He said that APG and other military communities realize the valuable contributions of service organizations like the Girl Scouts, and endeavor to provide as much support as they can. Doesburg said that those who choose not to get involved miss out on a lot of the blessings that come from helping whenever and wherever they can.

“There are some folks out there who still think that Girl Scouts just sell cookies,” Doesburg said. “But as our nation has grown, so have the service organizations.”

He added, “Planting a tree is important because it is a living thing, and is much like a service organization that branches out and grows year after year.”

Doesburg suggested that as the scouts grow up and marry, the tree will remain, and that 20 years from now they can bring back their children to see how the tree has matured and grown tall, and tell of their life of community service and service to their country.

Dannenfelser said she was pleased to accept the tree on behalf of the youth center staff.

“It’s gratifying to know that the efforts we provide at the center are appreciated,” she said.

Dannenfelser added that the living symbol is in a great place to flourish.

“We can nourish it and watch it grow, just as we do the children at the youth center and child development center,” she said.

Hutchinson said the Brownie



Photos by SHEILA LITTLE

*Maj. Gen. John C. Doesburg, commander of Aberdeen Proving Ground and the U.S. Army Soldier and Biological Chemical Command, joins Regina Dannenfelser, chief of Child and Youth Services for the Directorate of Community and Family Activities, (back row, center), and the leaders and members of Brownie Troop 54 as they surround the tree the troop gave to the Edgewood Area Youth Center as a thank you for its year-round support. Front row, from left to right, are Daniela Wagner, Shelby Bozeman, Michaela Costas, Stephanie Bozeman, Ali Pool, Rachel Hutchinson, and Stephanie Landy. Back row, left to right, are Doesburg, Assistant Troop Leader Michelle Hancock, Troop Leader Lorene Hutchinson, Allyson Maturey, Dannenfelser, Angela Winkler, Aimee Lindamood, Amelia Adams and Rebekah Hutchinson.*

troop studied history throughout the year, emphasizing military history and the contributions made by those in the military community.

Holding their regular troop meetings over the past year in the youth center, Hutchinson said the Brownies looked for a way to show their appreciation for the added support supplied by the friendly youth center staff and community leaders, and add to the beauty of the installation at the same time.

Planting a tree on the grounds of their meeting site was deemed the most appropriate way to add to the physical beauty of APG and show their appreciation of the inner beauty of those in leadership and support positions on the installation.

Each troop member had a part in the program, offering the invocation, leading the Pledge of Allegiance, reciting the Girl Scout promise, and singing and reciting lines of commitment, before adding a shovel of soil to the young tree.

Troop members got together for a brainstorming session in January and decided that planting a tree at the youth center would benefit and beautify the installation, give enjoyment to the youth center’s staff, and serve as a living reminder that their kindness is

appreciated. Future plans for the troop include adding a plaque to the site noting the reason for the donation.

Describing the planting of the tree at the youth center as “exciting,” Rebecca Hutchinson, 9, said she is looking forward to watching the tree grow. Living close by, Rebecca said she will be on hand to make sure the tree gets a healthy start.

Michaela Costas, 8, said she thought planting the tree was “a good idea.” Looking forward to remaining in the area for the next year, Costas said the troop plans to take good care of their addition to the youth center grounds.

Shelby Bozeman, 9, and her sister Stephanie, 7, both agreed that adding a tree to the installation is great way to thank post personnel and to help the environment.

“It’s nice because we added another tree to the earth, and we can help it grow,” said Shelby. She added that this is the fourth time she has played a role in tree planting, and she really loves the idea of helping the environment.

Occasionally Shelby and her family return to visit her grandmother in Washington state and check on the progress of the tree that was planted in her honor on the day she was born.

Stephanie’s ‘birth tree’ is in

Colorado, where she was born. The Brownie tree planting was her first participation in such a project and she was excited and spread the word.

“It was fun because this was the first tree I planted in my life,” Stephanie said. “Now my friend thinks the Brownies are cool and she wants to join.”

Hutchinson thanked Bob Silcox and Roger Stofflet, both of the Directorate of Public Works, for finding an appropriate tree, securing the paperwork that cleared the way to plant it on the grounds of the EA Youth Center, and preparing the site for the ceremony. Speaking of the assistance provided by youth center personnel, Hutchinson addressed Dannenfelser.

“Your staff is always available to do whatever I ask and provide anything that I need for the girls,” she said. “They always have a smile. They’ve been absolutely fantastic.”

Turning to Doesburg, Hutchinson spoke for the troop as she thanked him for showing his support and leading by example.

“You’ve provided strong leadership support and have served as a role model for others on the installation. We are very grateful,” Hutchinson said.



*Rebekah Hutchinson adds soil to the dogwood tree Brownie Troop 54 donated to the Edgewood Area Youth Center. Awaiting their turn at helping with the planting are, from left to right, Stephanie Bozeman, Shelby Bozeman, behind the tree, and Angela Winkler and Allyson Maturey.*

6 x6 aegs www

COLOR